Please Contact Us



"creating a village in the city"

October 2018 issue

We are located in the community room at **Kortright Hills Public School** 23 Ptarmigan Drive Guelph, ON NIC IB5 **519.993.5264 kortrighthillsng@gmail.com** www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Waterfowl Park - North to Stone Road

East – Hanlon Expressway;

West – City Limits;

South West – City Limits to Downey Rd;

South East – Teal Dr. from Downey to Hanlon.

Visit us on the Web: www.khng.ca



For more information email kortrighthillsng@gmail.com or call 519.993.5462 or visit www.khng.ca





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Fall Trograms!



PHOTO CLUB: Welcomes new members who are interested in digital photography to meet in the community room at Kortright Hills PS the first **Monday of each month at 7:00pm.** Contact Wendy Spicer for more information: spisss@rogers.com. **NOTE MEETING DATES: Monday October 1st, 2018**



SCOUTS: Do you enjoy camping, making new friends, developing leadership skills and much more? If so, the **26th Scout Group** is the group for you. Registration is available in all sections for the 2016/2017 scouting year

Beavers ages 5-7 meet Mondays 6:30-7:30 Cubs ages 8-10 meet Wednesdays 6:30-8:00 Scouts ages 11-14 meet Tuesdays 7:00-8:45 Venturer ages 14-17 meet Mondays 7:00-8:45

The above scouting programs meet at Kortright Hills Public School. Contact 26th Guelph Registrar Leone 519.821.6948 or email: <u>26thguelph@w.scouter.ca</u> for further information. If you are new to the Neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

Thank You! A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scouting Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

To get email updates of our neighbourhood events delivered right to your inbox, please send your request to <u>khng@bellnet.ca</u>. Also watch for our new A-frame signs telling you that new information is posted on our website.



Action Read Early Literacy Program:

Join us for **free** literacy and numeracy programs! Enjoy story-time, number and language games, songs, rhymes, word play, puzzles, crafts and nutritious snacks. Gain ideas, tips and resources for early literacy activities at home. Caring and nurturing staff, qualified in Early Childhood Education.

Programs operate on a 'first come, first serve' basis in locations throughout Guelph. They are open to parents or caregivers with children aged newborn to 6 years. Register at the program site.

For more information, or to check if a site is full, please call 519-836-2759. KHNG site is Thursdays - Closed for Summer Contact for start date in the September.

KORTRIGHT HILLS NEIGHBOURGHOOD GROUP PHONE NUMBER: 519.993.5264

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Welcome!

Stay

Informed:

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- * Planning of upcoming events (Youth Nights, Booonanza, KHNG PD Day Camps and other events in 2018 etc.)
- * Becoming a leader with 26th Scout Group
- * Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at **kortrighthillsng@gmail.com** Your help is needed – call or e-mail us today!!



Mark your calendars to attend KHNG upcoming Events:

KHNG Workshops

Saturday Oct 13th - Teeny Tiny Tea Cup - 9:30-11:30 am Saturday Oct 13th - Arm Knitting - 1 - 3pm Saturday Dec 1st - Holiday Wreath - 10 am - 12 pm

> KHNG Annual Booonanza Saturday October 27th - 1-4 pm

> > KHNG PD Day Camps Nov 2nd - "Forensics" Nov 30th - "Space"

Visit KHNG website for up to date events: www.khng.ca and consider getting involved with YOUR Neighbourhood Group Join us the 3rd Thursday of each month at 7:00 pm in the Community Room!





Join Us For Space Camp (STEM)!

When: Friday, November 30th 9am-4pm Where: Kortright Hills Public School (Community Room) Who: Ages 4-12 Cost: \$40 per camper

(Early drop off and late pick up available for \$10)

Email kortrighthillsng@gmail.com for questions and to register.

Come join Kortright Hills Neighbourhood Group and Life Gears Academy for a day of space, science and astronauts!! Campers will spend the day learning about outer space, playing games and doing crafts all about the galaxy! A portion of the day will be spent outdoors so campers should come prepared to enjoy whatever nature has to offer the day of.





Can your microwave give you dinner and a show?



Kids join Scouts for amazing experiences they can't find anywhere else. Scouts is the start of something great. Find out how to become a Scout today!

Register now for the 2018/2019 Scouting year.

Beavers	ages 5-7	meet Mon 6:30-7:30
Cubs	ages 8-10	meet Wed 6:30-8:00
Scouts	ages - 4	meet Tues 7:00-8:45
Venturer	ages 4- 7	meet Mon 7:00-8:45

Email: 26thguelph@w.scouter.ca to register or for more info.

REGISTER ONLINE TODAY! Scouts.ca I-888-855-3336





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Want to Advertise in KHNG Quarterly Newsletter:

KHNG sends an electronic newsletter out four times a year, next issue January 2019. If you wish to advertise your business, a small sponsorship fee will apply. Share your favourite recipe with your neighbors, write an article of interest or if you are a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn) and wish to put your information in our newsletter E-mail kortrighthillsng@gmail.com. This is a great way for Kortright Hills Neighbourhood to come together by sharing thoughts, talents and services available, neighbors helping neighbours.

Kortright Hills Classifieds!!

Community Volunteers Needed!!

26th Guelph Scouting Group Do you enjoy the outdoors? Do you love to work with children aged 5 to 17? Become a volunteer leader at the 26th Guelph Scouting Group. For further details contact <u>26thguelph@w. scouter.ca</u>

26th Guelph Scouting Group

Join The Adventure of 26th Guelph Scouting Group Interested in joining BEAVERS, CUBS, SCOUTS, VENTURERS... Register now!! The 26th Cuelph Scouting Croup meets at the Kortright

The 26th Guelph Scouting Group meets at the Kortright Hills Public School gym.

Beavers ages 5-7 meet Mondays 6:30-7:30 Cubs ages 8-10 meet Wednesdays 7:00-8:30 Scouts ages 11-14 meet Tuesdays 7:00-8:45 Venturers ages 14-17 meet Mondays 7:00-9:00 For more details contact Paul 519-821-6948 or email: 26thguelph@w.scouter.ca



26TH GUELPH ANNUAL SCOUT CRAFT BAZAAR VENDORS NEEDED!!

Calling ALL crafters, hobbies, small business owners anyone with creative flare!! 26th Guelph Scouting Group is happy to announce the 7th **ANNUAL CRAFTER'S BAZAAR**. We are looking for individuals who have unique, one of a kind handmade crafts for sale like knitting, quilting, jewelry, photos, pottery, paper crafts who would like to participate. When: November 17th 2018 10am-3pm Where: Kortright Hills Public School 23 Ptarmigan Drive, *Guelph, ON*; Why: To help our Scouting Youth and Volunteers attend annual camps and Jamborees. Want more information please contact: Paul or Leone 519-821-

6948, or email: 26thscoutscraft2016@gmail.com

Contact KHNG:

Web: www.khng.ca Email: kortrighthillsng@gmail.com Phone: 519-993-5264 Pag

KHNG Workshops



Kortright Hills Neighbourhood Opportunities

KHNG Community Room

Are you looking for a place to hold a community meeting, start a club, provide a workshop or have an idea for adult or children programs? Would you like to share your time/ideas with the neighbourhood. Call or email KHNG to find our more information or book the community room.

KHNG Electronic Mailing List

Join KHNG mailing list to receive newsletters/posters of recreational and social events within your neighbourhood. Tell your friends and neighbours, call or email Leone to add your email to our electronic list.



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Kortright Hills Classifieds Continued!!

Community Room Available!!

Do you have an idea for an:

Event Program Social Workshop

that may interest others in the Kortright Hills Neighbourhood?

Ask KHNG about using the community room!

Call Leone 519.993.5264 or e-mail: kortrighthillsng@gmail.com

Contact KHNG: www.khng.ca * kortrighthillsng@gmail.com * 519-993-5264 Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2019

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border\$100.00 for Newsletter\$50.00 for WebsiteHalf page ad, graphics, logo and border\$50.00 for Newsletter\$25.00 for WebsiteQuarter page ad, graphics, logo and border\$25.00 for Newsletter\$15 for WebsiteBusiness card size, graphic, logo and border\$15.00 for Newsletter\$10.00 for WebsiteSmall word ad, max 15 words, No graphics, FREENewsletter advertising helps fund KHNG eventsAdvertise in our next newsletter October 2018!!

Get free dental care for children and youth Call 1-800-265-7293 ext. 2661

We offer free dental services for eligible children and youth up to and including age 17. Children and youth may be eligible if the cost of care would be a financial hardship.

Our services help prevent cavities.

We can: Clean teeth Apply fluoride Coat teeth with sealants Show you how to brush

Preventive Dental Clinics

Fergus – 474 Wellington Road #18 Guelph – 160 Chancellors Way Mount Forest – 311 Foster Street Orangeville – 180 Broadway Shelburne – 167 Centre Street

Ask about other community locations near you. Page 7 of 10





Winter Weather Tips:

MONITOR THE WEATHER

- Pay close attention to changing weather conditions
- Listen to weather forecasts early in the day to determine if there is the potential for severe weather in your area
- Check road reports before setting out on a trip

TRAVEL SAFELY

- Give your car a winter tune-up in mid autumn
- Install snow tires early to avoid being caught off guard by a late autumn snowstorm.
- Prepare an emergency kit for your car with items such as a flashlight, warm gel packs, a shovel, new batteries and a blanket

DRIVE CAREFULLY

- Completely clear your car windows and mirrors of snow and ice before driving
- Take it slow: don't accelerate too quickly, avoid sharp turns at high speeds, and brake well in advance of where you want to stop
- Leave lot's of space between you and the car driving in front of you
- Beware of black ice
- Test your breaks: if you feel your brakes lock, or your car begin to slide, adjust by slowing down

TAKE PRECAUTIONS

- If you must be outside during inclement weather, dress appropriately - wear a hat, gloves and dress in layers
- Beware of frostbite, which can occur in minutes and watch carefully for symptoms of hypothermia such as shivering, confusion and loss of muscular control

Seasonal Safety Tips

October:

This is month is Halloween. Make sure your kids wear reflective costumes and please be aware of little goblins and ghouls trick or treating in neighbourhoods'.

November:

As the weather starts to get colder, make sure your car is in good repair and remember that the frosty nights can leave black ice on the roadways for your morning drive to work.

December:

It's the festive season, please don't drink and drive. Make sure you have made arrangements for safe transportation home.

Other tips can be found on the Guelph Police Services website: http://www.guelphpolice.com

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Kortright Hills -Your Neighbourhood Group



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COLOUR ME!!

Thank you police officers!



GUELPH POLICE SERVICE PRIDE SERVICE TRUST

twistynoodle.com





Kortright Hills Recipe Corner!!

Thanksgiving Cheese Ball

Ingredients:

- 8 ounces cream cheese
- 4 ounces sharp Cheddar cheese
- 2 ounces crumbled blue cheese
- 2 tablespoons grated onion
- I clove garlic, minced
- 4 dashes Worcestershire sauce
- I (2.25 ounce) can green olives
- 1/2 cup chopped pecans

Directions:

In a food processor, mix the cream cheese, Cheddar cheese, blue cheese, onion, garlic, and Worcestershire sauce. Process until well blended. Add olives, and pulse into small chunks.

Shape the mixture into a ball, and roll in the chopped pecans to coat.

Wrap in plastic, and chill at least 4 hours in the refrigerator.

Pumpkin Smoothie



Ingredients:

I (16 ounce) can pumpkin puree

- 2 cups milk
- I/4 cup brown sugar
- 2 teaspoons ground cinnamon

Directions:

Place the pumpkin puree in a freezer bag; store in freezer for at least 24 hours.

Heat the bag of pumpkin puree in the microwave on HIGH to soften, I to 2 minutes.

Pour the milk into a blender. Add the brown sugar, cinnamon, and pumpkin; blend until smooth. Enjoy!





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Cornbread Salad

Ingredients:

- 2 (8 ounce) packages dry
- corn bread mix
- I red onion, chopped
- I green bell pepper, chopped
- I tomato, chopped
- 4 cups mayonnaise



Directions:

Prepare cornbread according to the box instructions. Cool, crumble and place in a large bowl.

Mix in red onion, bell pepper, tomato, and mayonnaise. Cover, and refrigerate for at least 18 hours.

Twice Baked Potato Casserole With Bacon

Ingredients:

2 large baking potatoes 3/4 c shredded mild Cheddar cheese I/4 c milk

1/2 pound lean bacon I/2 c sour cream 2 tblsp unsalted butter, melted 1/2 tsp salt

1/2 tsp garlic powder

1/2 tsp ground black pepper 3/4 c shredded mild Cheddar cheese

Directions:

I tsp dried chives

Preheat oven to 400 degrees F (200 degrees C). Grease a 9x13-inch casserole dish.

Poke a few holes into each potato using a toothpick. Bake potatoes in the preheated oven until fully cooked, about I hour. Cool for about 15 minutes.

Place the bacon in a large skillet and cook over medium-high heat, turning occasionally, until evenly browned, about 10 minutes. Drain the bacon slices on paper towels and crumble.

Cut a thin slice from one side of each potato; carefully scoop out the flesh and transfer to a bowl. Discard skins. Mix 3/4 cup Cheddar cheese, sour cream, milk, butter, chives, salt, black pepper, and garlic powder with potatoes. Spread potato mixture into the prepared casserole dish; top with 3/4 cup Cheddar cheese and crumbled bacon.

Bake in the preheated oven until just bubbling, 10 to 15 minutes. Cool for at least 5 minutes before serving.

Kortright Hills Recipe Corner!!





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Roasted Sweet Potatoes & Vegetables With Thyme & Maple Syrup



Ingredients:

- I pound sweet potatoes, cut into long, thin rectangles
- I large carrot, cut into long, thin rectangles
- I parsnip, cut into long, thin rectangles extra-virgin olive oil, or as needed salt and ground black pepper to taste
- 4 sprigs fresh thyme
- 2 tablespoons maple syrup, or to taste

Directions:

Preheat oven to 375 degrees F (190 degrees C).

Scatter pieces of sweet potato, carrot, and parsnip onto a jelly roll pan; drizzle with olive oil and season with salt and black pepper.

Roast in the preheated oven until vegetables are partially soft, about 30 minutes. Scatter thyme sprigs over vegetables and drizzle with maple syrup. Return to oven and bake until vegetables are soft, about 15 more minutes.

Early Autumn Smoked Pork Chops

Ingredients:

I cup ketchup 1/2 cup white sugar 2 tblsp prepared horseradish I tblsp butter I tblsp vinegar 1/2 tsp ground black pepper I 1/2 pounds bone-in pork chops

I cup soy sauce I/4 cup strawberry jelly 2 tblsp tomato paste I tblsp vegetable oil 1/2 teaspoon salt I pinch ground paprika

Directions:

Combine ketchup, soy sauce, sugar, strawberry jelly, horseradish, tomato paste, butter, oil, vinegar, salt, black pepper, and paprika together in a saucepan over low heat; cook and stir until marinade is smooth, about 5 minutes.

Place pork chops in a bowl; add marinade. Marinate pork chops in the refrigerator for I hour.

Remove pork chops from marinade, reserving the extra marinade.

Light charcoals in the grill and add several bags of fall leaves throughout getting the coals ready for grilling.

Place pork chops on the grill when the coals are about halfway ashed over. Baste pork chops with marinade and flip pork chops. Cover grill with lid so smoke from the leaves can permeate the pork chops. Cook until pork is slightly pink in the center, 20 to 30 minutes. An instant-read thermometer inserted into the center should read at least 145 degrees F (63 degrees C).



- 2 (8 ounce) pkgs cream cheese, softened 3/4 c white sugar, divided I tsp vanilla extract
 - I c canned pumpkin 1/4 tsp ground nutmeg
- 3/4 tsp ground cinnamon

I 1/2 c crushed gingersnap cookies

1/2 c finely chopped pecans

Directions:

3 eggs

Ingredients:

1/3 c butter, melted

Preheat oven to 350 degrees F (175 degrees C). In a medium bowl, mix together the crushed gingersnap cookies, pecans, and butter. Press into the bottom, and about 1 inch up the sides of a 9 inch springform pan. Bake crust 10 minutes in the preheated oven. Set aside to cool.

In a medium bowl, mix together the cream cheese, 1/2 cup sugar, and vanilla just until smooth. Mix in eggs one at a time, blending well after each. Set aside I cup of the mixture. Blend I/4 cup sugar, pumpkin, cinnamon, and nutmeg into the remaining mixture. Spread the pumpkin flavored batter into the crust, and drop the plain batter by spoonful's onto the top. Swirl with a knife to create a marbled effect.

Bake 55 minutes in the preheated oven, or until filling is set. Run a knife around the edge of the pan. Allow to cool before removing pan rim. Chill for at least 4 hours before serving.

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